Pulsatile secretion of gonadotrophins, ovarian steroids and ovarian oxytocin during prostaglandin-induced regression of the corpus luteum in the cow

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Summary. A luteolytic dose (500 µg) of cloprostenol was given on Day 12 of the oestrous cycle to 5 heifers. Blood samples were collected simultaneously from the caudal vena cava and jugular vein at 5–20-min intervals from – 6 to 0 (control period), 0 to 12 and 24 to 36 h after PG injection. Pulses of LH were secreted concomitantly with pulses of FSH during all sampling periods. However, during the control period separate FSH pulses were detected resulting in a shorter ($P < 0.01$) interpulse interval for FSH than LH (93 versus 248 min). LH and FSH pulse frequencies increased ($P < 0.01$) beginning 1–3 h after PG to interpulse intervals of 59 and 63 min, respectively, and continued to be maintained 24–36 h after PG. Concomitantly there was a 2–3-fold increase ($P < 0.01$) in basal concentrations and pulse amplitude for LH (but not FSH). FSH basal concentrations and pulse amplitudes decreased ($P < 0.05$) in 3 heifers 24–36 h after PG. Pulsatile secretion of oestradiol was observed at frequencies similar to LH during the periods 4–12 h (3 heifers) and 24–36 h (2 heifers) after PG, respectively, resulting in higher ($P < 0.05$) mean oestradiol concentrations. Progesterone concentrations in the vena cava increased ($P < 0.01$) 5–10 min after PG but decreased ($P < 0.01$) 67% by 20 min after PG. This decrease was followed by a rise ($P < 0.05$) beginning 2–3 h after PG and lasting for an average of 3.3 h. After a steady decline, basal concentrations of 1.0 ng/ml were reached 24–36 h after PG. Basal oxytocin concentrations in the vena cava and jugular vein (8.2 and 4.2 pg/ml) increased ($P < 0.01$) to reach maximum concentrations (2029 and 701 pg/ml) 5–10 min after PG and then decreased over a 3–5 h period and were lowest (4.3 and 3.2 pg/ml) 24–36 h after PG. Maximum prolactin concentrations were higher and appeared 5–10 min earlier in the jugular vein compared to the vena cava.

It is concluded that: (1) progesterone and oxytocin secretion from the corpus luteum is initially increased and then dramatically decreased by a luteolytic dose of PG; (2) the reduction of progesterone concentrations below a certain threshold level in the presence of low oestradiol concentrations probably eliminates the negative feedback effect on gonadotrophin secretion, thereby allowing the frequency and amplitude of LH pulses, and to a lesser extent the frequency of FSH pulses, to increase; and (3) the increase in FSH and LH pulse frequencies probably stimulates, after a variable period of time, the development of a large follicle that secretes increasing concentrations of oestradiol.

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Introduction

Spontaneous regression of the bovine corpus luteum occurs between Days 16 and 19 of the oestrous cycle and is characterized by a decrease in basal progesterone concentrations and an increase in basal LH concentrations (Hansel & Snook, 1970; Karg, Hoffmann & Schams, 1970). A single i.m. injection of prostaglandin (PG) F-2 α or of synthetic analogues is luteolytic when administered on Days 5–16 of the oestrous cycle and results in endocrine changes similar to those observed during spontaneous luteolysis (Spicer, Ireland & Roche, 1981). Alterations in basal hormone secretion after PG-induced regression of the corpus luteum in cows have been studied (Louis, Hafs & Morrow, 1974a; Schams & Karg, 1982), but the exact relationship between the pulsatile secretion of gonadotrophins and ovarian steroids has not been demonstrated.

Oxytocin is present in high concentrations in corpora lutea of ewes and cows (Wathes & Swann, 1982; Schams, Walters, Schallenberger, Bullermann & Karg, 1983a) and is secreted concomitantly with progesterone in a pulsatile manner during the luteal phase of the oestrous cycle (Walters, Schams & Schallenberger, 1984). Ovarian oxytocin may be involved in regression of the corpus luteum since exogenous PG stimulates the release of oxytocin from the corpus luteum in ewes (Flint & Sheldrick, 1983) and exogenous oxytocin stimulates the release of PG from the uterus in cows (Newcomb, Booth & Rowson, 1977; Milvae & Hansel, 1980).

The objective of the present study was to characterize the pulsatile secretion pattern of LH, FSH, prolactin, progesterone, oestradiol-17 β and ovarian oxytocin after PG-induced regression of the corpus luteum and to determine temporal relationships amongst these hormones.

Materials and Methods

Experimental animals. Five regularly cyclic heifers (18–20 months of age) of the local Braunvieh breed were used. All heifers were tethered indoors during the experiment. They were fed hay, corn silage and energy supplement twice daily and had access to water *ad libitum*.

Experimental procedure. Cannulae were inserted into the caudal vena cava and into the jugular vein on Day 11 of the oestrous cycle as described previously by Walters *et al.* (1984). Blood samples (10 ml) were collected simultaneously from each vein every 20 min for 6 h (control period) on Day 12 of the cycle. A luteolytic dose (500 μ g i.m.) of cloprostenol (a PGF-2 α analogue: ICI, Macclesfield, U.K.) was given after completion of the control period and blood samples were collected at 5-min intervals for 20 min, 10-min intervals for another 20 min and then at 20-min intervals until 12 h and again from 24 to 36 h after PG. All blood samples were placed into heparinized tubes, cooled, centrifuged at 4°C and the plasma was stored in 3 aliquots at –20°C until hormone analysis.

Hormone analysis. LH (Schams & Karg, 1969a), FSH (Schams & Schallenberger, 1976), prolactin (Schams & Karg, 1969b), oestradiol-17 β (Walters & Schallenberger, 1983), progesterone (Hoffmann, Kyrein & Ender, 1973) and oxytocin (Schams, 1983) were analysed in duplicate. A recent summary of assay characteristics for all of the above hormones has been reported by Walters *et al.* (1984). Vena cava blood samples were assayed for oestradiol, progesterone, oxytocin and prolactin, and jugular vein samples were assayed for LH, FSH, oxytocin and prolactin.

Statistical analysis. A pulse was determined as described by Walters *et al.* (1984). Data were analysed statistically by analysis of variance and Duncan's multiple range test was used to test for differences in hormone characteristics between the three time periods.

Results

LH, FSH, prolactin, oestradiol, progesterone and oxytocin were all secreted in a pulsatile manner during the control period. However, changes in pulse amplitude and/or frequency occurred after the injection of PG for all hormones examined. Oestrus was detected between 48 and 60 h after PG.

LH

Basal concentrations and pulse amplitude were low and the interpulse interval relatively long (248 min) during the control period (Table 1; Text-figs 1 & 2). However, beginning 1–3 h after PG

Table 1. Effect of cloprostenol (PG)-induced luteolysis on characteristics of secretion of LH, oestradiol, FSH, progesterone and oxytocin in 5 heifers

Hormone†	Time after PG injection					
	- 6 to 0 h		0 to 12 h‡		24 to 36 h	
LH						
No. of heifers	5		5		5	
Mean (ng/ml)	0.5 ± 0.03 ^b		1.4 ± 0.1		1.4 ± 0.1	
Basal (ng/ml)	0.4 ± 0.07 ^b		1.2 ± 0.1		1.1 ± 0.1	
Pulse amplitude (ng/ml)	0.3 ± 0.02 ^a		0.6 ± 0.1		0.7 ± 0.1	
Interpulse interval (min)	248 ± 39 ^b		59 ± 4		53 ± 3	
Oestradiol						
No. of heifers‡	3	1	3	1	2	2
Mean (pg/ml)	9.0 ± 0.6	8.5	11.3 ± 0.9 ^a	8.0	12.1 ± 1.4 ^a	8.8 ± 2.0
Basal (pg/ml)	8.0 ± 0.5	—	9.5 ± 0.5	—	10.2 ± 1.0	—
Pulse amplitude (pg/ml)	4.5 ± 1.7	—	3.8 ± 0.7	—	5.0 ± 0.4	—
Interpulse interval (min)	250 ± 29 ^b	—	64 ± 3	—	58 ± 4	—
FSH						
No. of heifers	5		5		3	
Mean (ng/ml)	61.7 ± 5.9		70.7 ± 5.8		47.5 ± 4.7 ^a	
Basal (ng/ml)	52.5 ± 5.8		58.9 ± 4.9		42.2 ± 4.4 ^a	
Pulse amplitude (ng/ml)	28.3 ± 4.5		25.7 ± 4.0		16.4 ± 1.4 ^a	
Interpulse interval (min)	93 ± 2 ^{b*}		63 ± 1		62 ± 4	
Progesterone						
No. of heifers‡	4		4		4	
Mean (ng/ml)	20.0 ± 4.6 ^a		8.5 ± 1.2		1.2 ± 0.1	
Basal (ng/ml)	13.9 ± 2.6		7.9 ± 1.3		—	
Pulse amplitude (ng/ml)	14.1 ± 3.8		10.4 ± 2.9		—	
Interpulse interval (min)	95 ± 16		75 ± 18		—	
Oxytocin						
No. of heifers‡	3	1	3	1	3	1
Mean (pg/ml)	8.2 ± 1.2	2.3	7.6 ± 2.2	2.8	4.3 ± 0.5 ^a	2.8
Basal (pg/ml)	5.4 ± 0.5	—	—	—	—	—
Pulse amplitude (pg/ml)	7.4 ± 1.1	—	—	—	—	—
Interpulse interval (min)	96 ± 21	—	—	—	—	—

† Values for LH and FSH were obtained from jugular vein plasma and values for oestradiol, progesterone and oxytocin were obtained from caudal vena cava plasma; all values are mean ± s.e.m. Values are given separately for heifers exhibiting or lacking pulsatile release of oestradiol and oxytocin or expressing high or low FSH concentrations 24–36 h after PG.

‡ Data are only given for 4 heifers due to possible displacement of the vena cava catheter in one heifer during the experiment.

§ The initial release of progesterone and oxytocin was not included in the calculation for progesterone and oxytocin during this time period.

* $P < 0.01$ compared with LH value.

Within rows, means with a superscript differ significantly from those without: ^a $P < 0.05$, ^b $P < 0.01$.

the pulse frequency abruptly increased ($P < 0.01$) approximately 4-fold while basal concentrations and pulse amplitude increased ($P < 0.01$) about 2–3-fold compared to control values. LH concentrations remained elevated for the duration of the bleeding periods (Table 1; Text-figs 1 & 2).

Oestradiol

Low-amplitude pulses with a long interpulse interval (250 min) were detected only in 3 heifers during the control period. The pulse frequency increased ($P < 0.01$) beginning 4–6 h after PG (Table 1; Text-fig. 1). A major difference amongst these animals occurred 24–36 h after PG: one heifer continued to exhibit a pulsatile secretion pattern (Text-fig. 1) whereas it ceased in the other 2 animals (Text-fig. 2b). In addition, pulses were detected in one animal that had had no detectable pulses up to 12 h after PG (Text-fig. 2a). Following PG there was a slight increase ($P < 0.05$) in mean concentrations in heifers with detectable pulses of oestradiol, but pulse amplitude did not increase from that observed during the control period (Table 1). Pulses of oestradiol were secreted after or concomitantly with pulses of LH (Text-fig. 1).

Text-fig. 1. Hormone profiles from vena cava (oestradiol, progesterone and oxytocin) and jugular vein (LH and FSH) blood samples collected at 5–20-min intervals from –6 to 12 and 24 to 36 h after an injection of a PG analogue on Day 12 (mid-luteal phase) of the oestrous cycle in Cow K. Note that the scale for oxytocin is 100 times expanded initially after PG. This is an example of increasing and pulsing oestradiol secretion from 4 to 12 and 24 to 36 h after PG.

FSH

Pulses of FSH occurred at the same times as the LH pulses, but during the control period separate FSH pulses were also observed (Text-figs 1 & 2), resulting in a shorter ($P < 0.01$) interpulse interval compared to that of LH (Table 1). Beginning 1–3 h after PG the interpulse interval decreased ($P < 0.01$) an average of 30 min from that observed during the control period and was similar to the LH interpulse interval. However, in contrast to LH, basal concentrations and pulse amplitude did not change significantly ($P > 0.05$) 0–12 h after PG relative to control values (Table 1). Mean and basal concentrations and pulse amplitude decreased ($P < 0.05$) in 3

Text-fig. 2. Hormone profiles from -6 to 12 h (a) and 24-36 h (b) after PG in 2 cows. See Text-fig. 1 legend for details in experimental procedure. These are examples for a non-pulsing oestradiol secretion pattern after PG. Cow KL had expressed oestradiol-17 β pulses 0-12 h after PG.

heifers 24-36 h after PG (Table 1) while in the other 2 heifers there was no significant change, although there appeared to be an increase in pulse amplitude in one of the heifers (Text-fig. 2b).

Progesterone

During the control period high-amplitude pulses of progesterone either followed or were secreted concomitantly with LH/FSH and separate FSH pulses (Text-figs 1 & 2), resulting in an interpulse interval similar to that observed for FSH (Table 1). Progesterone concentrations increased ($P < 0.01$) in all heifers 5-10 min after PG but then decreased ($P < 0.01$) 67% by 20 min with no pulses being observed for 2-3 h thereafter (Text-figs 1 & 2a). This reduction in progesterone concentrations was followed by an increase ($P < 0.05$) that occurred at the same time as the increase in frequency of LH and FSH pulses and lasted an average of 3.3 ± 1.5 h, after which time a steady decline was observed. Pulses were generally not observed 24-36 h after PG (Text-figs 1 & 2b) and basal concentrations were lower ($P < 0.05$) than at any other time during the experiment (Table 1).

Oxytocin

Pulses of oxytocin in vena cava blood occurred concomitantly with pulses of progesterone during the control period (Text-figs 1 & 2a) except for one animal which had relatively low vena cava oxytocin concentrations (Table 1). Oxytocin concentrations in the vena cava increased in all heifers ($P < 0.01$) to maximum concentrations within 5-10 min after PG and then decreased steadily over a 3-5 h period (Text-figs 1, 2a & 3a). Concentrations in the jugular vein increased ($P < 0.01$) 10-20 min after PG but were an average of 66% less than the maximum concentrations

observed in the vena cava (Text-fig. 3a). Mean concentrations were lowest ($P < 0.01$) 24–36 h after PG and only a few low-amplitude pulses were observed (Text-figs 1 & 2b).

Prolactin

Pulses of prolactin were detected but were not consistently related to pulses of any other hormone and varied greatly between heifers during the control period (data not shown). Contrary to these patterns mean concentrations increased ($P < 0.01$) 10–20 min after PG and then decreased steadily for 3–5 h (Text-fig. 3b). Maximum concentrations were consistently higher and appeared 5–10 min earlier in the jugular vein compared to the vena cava (Text-fig. 3b).

Text-fig. 3. Profiles of (a) oxytocin and (b) prolactin from vena cava (●) and jugular vein (□) blood samples from –6 to 12 h after PG in Cow KL. See Text-fig. 1 legend for details of experimental procedure.

Discussion

The immediate increase in progesterone concentrations 5–10 min after a luteolytic dose of a PG analogue is in agreement with an earlier report by Lamond, Tomlinson, Drost, Henricks & Jöchle (1973) and may be the result of initial concentrations of PG exerting a stimulatory effect on the corpus luteum (Hansel, Hixon, Shemesh & Tobey, 1976). The subsequent decrease in progesterone concentrations after PG in the present study confirms and expands results of Lamond *et al.* (1973), Schams & Karg (1982) and Milvae & Hansel (1983). The reduction (67%) in progesterone concentrations in the vena cava that occurred 20 min after PG and lasted for 1–3 h may be due primarily to a decrease in blood flow to the corpus luteum and/or a direct effect on the luteal cells. Nett & Niswender (1981) reported that blood flow to the corpus luteum is reduced 90% within 2 h of a luteolytic dose of PG in ewes. In addition, Weston & Hixon (1980) observed a 40% decrease in progesterone concentrations in corpora lutea of cows within 2 h of a PG injection. It does not seem likely that the initial reduction in progesterone concentrations was due to a decrease in the number of luteal LH receptors since progesterone concentrations decrease 12–15 h before the reduction in

LH receptor concentrations in cows (Spicer *et al.*, 1981). Furthermore, the in-vitro steroidogenic response of bovine corpora lutea to LH appears to be maintained for up to 8 h after PG (Weston & Hixon, 1980).

The frequent pulses of progesterone that were detected in all heifers beginning 2–3 h after PG occurred after or concomitantly with the increase in pulses of LH/FSH. Therefore, it is probable that sufficient numbers of LH and FSH receptors were present 3–8 h after PG to respond to the increase in frequency of LH/FSH pulses that occurred during this time.

The abrupt, 3-fold, increase in mean LH concentrations 1–3 h after PG is in agreement with earlier studies by Louis, Stellflug, Tucker & Hafs (1974b), Stellflug, Louis, Gorewit, Oxender & Hafs (1977) and Milvae & Hansel (1983). An increase in LH concentrations does not occur if PG is administered when a functional corpus luteum is not present (Hafs, Louis, Stellflug, Convey & Britt, 1975; Furr, Cooper, Jackson, Hart & Pope, 1981). Therefore, since progesterone is a potent inhibitor of LH secretion (Convey, Beck, Neitzel, Bostwick & Hafs, 1977; Ireland & Roche, 1982a) the increase in LH concentrations after a luteolytic injection of PG in cows is probably the result of a reduction in negative feedback due to the decreasing progesterone concentrations. However, the increased LH pulse frequency after PG cannot be explained solely by the reduction in progesterone concentrations since the 60-min interpulse interval that was observed is actually shorter than the interpulse interval in short-term ovariectomized cows (Schallenberger & Peterson, 1982) and ewes (Karsch, Foster, Bittman & Goodman, 1983). Therefore, low oestradiol concentrations in the absence of high progesterone concentrations probably contributed to the rapid LH pulse frequency observed in the present study.

After PG, pulses of LH were generally secreted concomitantly with pulses of FSH which resulted in similar interpulse intervals. However, additional pulses of FSH were secreted during the control period (when progesterone concentrations were elevated), resulting in a much shorter interpulse interval for FSH than LH (Walters *et al.*, 1984). During the periovulatory phase of the oestrous cycle, when oestradiol (and LH) concentrations are high, basal FSH concentrations decrease in cows due to a reduction in pulse amplitude at a time when FSH frequency is actually at its highest (Walters & Schallenberger, 1984). The decrease in mean FSH concentrations and FSH amplitude in one group of heifers 24–36 h after PG may therefore be due to the higher oestradiol concentrations present in these animals at that time. However, the possibility that another hormone, such as inhibin (Henderson & Franchimont, 1981), may have caused the differences in FSH concentrations 24–36 h after PG cannot be excluded.

Pulses of oestradiol are secreted in response to pulses of LH during the luteal and periovulatory phases of the oestrous cycle in cows (Walters *et al.*, 1984; Walters & Schallenberger, 1984). The largest follicle generally regresses following an injection of PG on Day 8 or 9 of the oestrous cycle of the cow (J. J. Ireland, personal communication). This follicle becomes unresponsive to LH stimulation probably due to a lack of LH receptors (Ireland & Roche, 1982b). This would explain the large variation between and within heifers with regard to the secretion pattern of oestradiol after PG and the occurrence of oestrus. Since follicular growth and regression occur continuously throughout the oestrous cycle of the cow (Rajakoski, 1960; Schams, Schallenberger, Hoffmann & Karg, 1977; Matton, Adelakoun, Couture & Dufour, 1981), it is concluded that the stage of follicular development at the time of PG injection probably determines how long it takes for a pre-ovulatory follicle to develop and to produce sufficient oestradiol to initiate oestrus and the LH surge (Ireland & Roche, 1982a; Walters & Schallenberger, 1984).

Prolactin was secreted from the pituitary after PG (Louis *et al.*, 1974b; Furr *et al.*, 1981; Schams & Karg, 1982) since high concentrations were detected earlier in the jugular vein than in the vena cava.

Oxytocin is present in high concentrations in the corpus luteum of the ewe and cow (Wathes & Swann, 1982; Schams *et al.*, 1983a) and is secreted from the corpus luteum into the ovarian vein (Flint & Sheldrick, 1983; Walters *et al.*, 1984). Oxytocin is known to be luteolytic in the cow if it is given early in the oestrous cycle (Armstrong & Hansel, 1959) and if the uterine horn adjacent to the

ovary bearing the corpus luteum is present (Ginther, Woody, Mahajan, Janakiraman & Casida, 1967). Also, active and passive immunization against oxytocin prolongs the oestrous cycle of ewes (Sheldrick, Mitchell & Flint, 1980; Schams, Prokopp & Barth, 1983b). Almost no oxytocin is released after PG in ovariectomized or follicular-phase cows (D. Schams, unpublished data). Therefore, the release of oxytocin from the corpus luteum in cows in response to PG and the stimulation of PG secretion from the uterus by exogenous oxytocin (Newcomb *et al.*, 1977; Milvae & Hansel, 1980) indicate that a positive feedback system may function between the ovary and the uterus to cause regression of the corpus luteum. This might act via the mechanisms proposed by Roberts, McCracken, Gavagan & Soloff (1976). However, this does not necessarily mean that PGF-2 α is being transferred directly from the uterus to the ovary. Milvae & Hansel (1980) demonstrated that PGF concentrations in the uterine vein increased following an injection of oxytocin, but there was no corresponding increase in PGF concentrations in the ovarian artery. It is therefore possible that the feedback system between the ovary and the uterus may act through the primary PG metabolite (Milvae & Hansel, 1983), the systemic circulation or some other unidentified link.

D.L.W. was a postdoctoral fellow of the Alexander von Humboldt-Stiftung, Bonn, FRG. This study was supported by the Deutsche Forschungsgemeinschaft, Bonn. We thank the NIAMDD for supplying us with NIH-FSH-B1 and NIH-P-B3 and J. Redl and P. Hempe for expert technical assistance.

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Received 25 October 1983